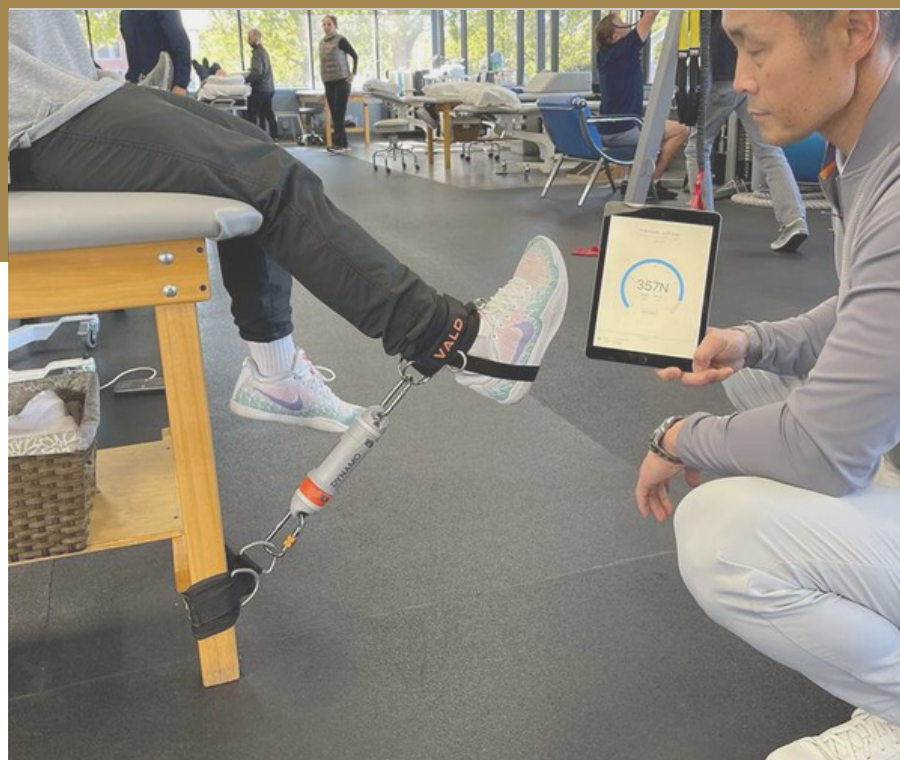




INFINITE
ATHLETIC TRAINING

ACL RETURN TO PLAY CHALLENGE



READY TO *RETURN TO SPORT* ?

Have you **run out of visits** and aren't sure you're ready to return to sport?

Come test your ability to **return to sport ready to compete with confidence!** The Athletic Trainers at Infinite Athletic Training are highly qualified Healthcare and Sports Performance experts who specialize in injury rehabilitation and return to sport transitioning for athletes.

We designed our ACL Return to Sport Challenge Program to help athletes return to sport by, first, **objectively understanding where their body is** with the help of the latest technology in the Sports Performance and Rehab space.

We are able to identify true deficits in strength and movement through **quantifiable metrics**, and determine if an athlete is **truly "ready"** to return to the **demands of their sport**.

- Strength, Speed, and Power
- Functional Stability and Balance
- Agility and Change of Direction
- Cardiovascular Fitness
- Endurance and Tissue Tolerance
- Sport Specific Competence